



Depression and Bipolar  
Support Alliance

Greater Milwaukee  
Chapter

## DBSA Greater Milwaukee July – December 2017 Meeting Dates and Calendar of Events

We've Been There, We Can Help.

Support Groups are for anyone who has been diagnosed with depression, bipolar disorder, anxiety, or other mood disorders by a licensed professional. Each discussion group is made up of about 6 members including a trained facilitator. After reading the group guidelines, there is a quick check-in, and then each person has time to address his/her own issues. No one has to speak if they do not want to.

**Meetings are FREE and no pre-registration is necessary.** We do have a sign in sheet upon arrival that is strictly used for end of year statistics. Any information you provide such as first name and last initial is kept confidential. The essential principle of confidentiality MUST be respected by all: "Whatever is said here stays here and whoever is seen here remains confidential".

**Location: Independence First, 540 S. 1st St., Milwaukee, WI**

**When: Every 2nd and 4th Mondays of the month from 6:30-8:30 pm**

Please note that everyone is encouraged to arrive approximately at 6:15 pm to allow time for signing in, getting FREE refreshments and the meeting to begin on time. Be aware that the facility doors are closed at 6:45 pm.

**Website: [dbsa-grm.org](http://dbsa-grm.org)**

**Email: [dbsagrm@aol.com](mailto:dbsagrm@aol.com)**

**Phone: (414) 255-8536**



Jul 10	Annual Summer Picnic & Regular Support Group Meeting
Jul 24	Regular Support Group Meeting
Aug 14	Regular Support Group Meeting
Aug 28	Regular Support Group Meeting
Sep 11	Regular Support Group Meeting
Sep 25	Regular Support Group Meeting
Oct 9	Fall Pot Luck & Regular Support Group Meeting
Oct 23	Regular Support Group Meeting
Nov 13	Regular Support Group Meeting
Nov 27	Regular Support Group Meeting
Dec 11	Holiday Party, Pot Luck, & Regular Support Group Meeting
Dec 25	No Meeting on Christmas Day

